

Heroes

"I believe strongly in the un-said." Carolina Hellsgård makes films about people who are seeking togetherness and struggling against a lack of words.

In *Heroes* (*Hjältar*, 2012) Carolina Hellsgård looks at the friendship and power struggles between two horse-loving girls during the difficult transition from childhood into teenage years. The film is partly based on the director's own experiences of what the world of a riding stable can mean for a girl growing up.

"In the film the girls try to combine horses and the world of the stables with the teenage world they're entering: boys, parties and going out. It's an unsettling experience in which friendship is put to the test and rivalries and power struggles take over," says director Carolina Hellsgård.

Heroes is the final part of a short film trilogy that Hellsgård began in 2008. The first two films, *Karaoke* and *Hunger*, are also about people seeking togetherness and fighting a kind of inability to use words.

"One of my main interests is people who can't express themselves well in words, people who react emotionally instead, sometimes impulsively. I believe strongly that what's not said



Carolina Hellsgård.

Heroes is screened in Generation Kplus at the Berlinale.

Berlin

MEIKE SIEVEKING

is more interesting than what is."

Carolina Hellsgård commutes between Stockholm, where she grew up, and Berlin, where she studied at Universität der Künste. In 2012 she's planning to spend time in Morocco shooting her first feature film. *Sunburned* focuses on the meeting between the introverted 12-year-old Claire, on holiday with her family, and a young Senegalese refugee, Amram.



Heroes.

KATHRIN KRÖTENTHALER

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